



NZ COLLEGE
OF SEXUAL &
REPRODUCTIVE
HEALTH



NZCSRH FELLOWSHIP TRAINING CURRICULUM 2026



Promoting Excellence in Sexual and Reproductive Health

DRAFT



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CURRICULUM OBJECTIVE

The objective of the New Zealand College of Sexual and Reproductive Health (NZCSRH) Curriculum is to equip future specialists with the knowledge, skills and professional qualities appropriate to the sexual and reproductive healthcare needs of all New Zealanders.

Upon completion of all elements of the curriculum, a Fellow of NZCSRH will have demonstrated that they have attained a core set of graduate attributes and values that provide a platform to deliver equitable specialist sexual and reproductive health (SRH) outcomes for patients, their family/whānau, and communities.

A Fellow of the NZCSRH:

- Is a specialist medical practitioner providing and promoting excellence in SRH care in New Zealand.
- Will be recognised by the health system to be to a primary point for the management of both common and complex SRH conditions.
- Understands the impact of colonisation on hauora Māori and implements Te Tiriti o Waitangi in their practice.
- Applies an equity lens to customise care according to the individual needs and wishes of patients in their care, taking into account their personal beliefs, experiences, and social, economic, cultural background and family/whānau.

The Curriculum seeks to lay out the pathway through completion of core training and advanced training modules to enable a NZCSRH Trainee to develop the essential profile and characteristics of a Fellow of the NZCSRH.

The NZCSRH Fellowship Curriculum learning domains align with Medical Council New Zealand (MCNZ) and are listed below:

- Clinical Expertise
- Communication
- Collaboration and Management
- Scholarship
- Professional Attributes

Graduate outcomes have been identified and aligned to these domains, as demonstrated in [Table 1](#).

TABLE 1: GRADUATE OUTCOMES

DOMAINS	GRADUATE OUTCOMES
CLINICAL EXPERTISE	• Demonstrate specialist clinical expertise in the medical management of sexual and reproductive health. • Demonstrate clinical expertise in the management of presentations requiring referral to specialist management outside sexual reproductive health. • Practice a holistic approach to patient management.
COMMUNICATION	• Demonstrate interpersonal, culturally safe, communication skills that result in equitable and effective information exchange and collaboration with patients, their family/whānau, and other healthcare professionals.
COLLABORATION & MANAGEMENT	• Establish and maintain effective professional relationships with medical, nursing and other healthcare colleagues.
SCHOLARSHIP	• Demonstrate self-learning in sexual and reproductive health and other relevant areas of medical practice, including recognition of limitations of their own knowledge and abilities. • Understand how to apply the principles of Te Tiriti o Waitangi to create a culturally safe doctor-patient relationship and clinical environment. • Understand the principles and practice of evidence-based medicine and research in a clinical setting. • Understand the need to maintain knowledge and promote and implement evidence-based best practice.
PROFESSIONAL ATTRIBUTES	• Conduct effective self-review of professional practice. • Solicit and accept constructive feedback. • Act with integrity towards patients, their family/whānau, colleagues and other healthcare practitioners. • Exhibit ethical attitudes and conduct consistent with the Code of Health and Disability Services Consumers' Rights and MCNZ requirements, towards patients, their family/whānau, colleagues, and other healthcare practitioners (i.e. act with integrity).

NZCSRH FELLOWSHIP TRAINING

Entry to the NZCSRH Fellowship Training Programme will be via a competitive process.

Trainees enrolled in the NZCSRH Fellowship Training Programme must follow a course of clinical training and study to the equivalent of 138 weeks full-time (see [Table 2](#)). The requirements of this training can be met by part-time work but are to be completed within 276 weeks of their training commencing. The clinical training programme will include 46 weeks full-time equivalent (FTE) of supervised training in approved sexual and reproductive health clinics and 92 weeks FTE working in an apprentice supervised model gaining a wider scope of experience to equip the trainee to work as a Fellow at graduation (see [Table 3](#)).

NZCSRH recognises that some trainees will wish to interrupt their Fellowship Training Programme. The maximum time allowed on leave from training is 138 weeks cumulative total. If a trainee has been on training leave for a period of longer than 46 weeks continuously, on return to the programme they may be required to transfer to any new programme rules or undertake an alternate programme in discussion with NZCSRH.

TABLE 2: FELLOWSHIP LEARNING REQUIREMENTS

BEFORE ENTRY	- Two years post-graduate practice - Ongoing registration with MCNZ - Postgraduate Diploma in Obstetrics and Medical Gynaecology (PGDip OMG, University of Otago or PGDipObsMedGyn University of Auckland) or RANZCOG Associate Training Program (Advanced Procedural) or equivalent approved by EAC - CPR training within last 2 years
Clinical training programme duration = 138 weeks full-time Up to 276 weeks flexible training. Standard full-time trainees will be required to work at least 0.8FTE clinical time with up to 0.2 FTE release for learning opportunities each week.	
CORE TRAINING 46 weeks FTE employment in a community sexual and reproductive health setting. Must be completed within 2 years.	- This time is used to continue to learn and develop procedural skills, knowledge, and clinical practice in a sexual and reproductive health setting. - Workplace-based learning with self-paced online modules and self-directed learning. Workshop attendance required for some skills-based procedural learning. - Trainee progress towards meeting the 77 New Fellow Competencies assessed according to the Trainee Progression Framework, with regular formative and summative assessment meetings with supervisor.
Trainees must achieve a minimum of Level 3 in the Trainee Progression Framework for 40 Core New Fellow Competencies to progress to Advanced Training	
ADVANCED TRAINING 92 weeks FTE employment in an approved accredited SRH service. Must be completed within four years.	- This time is used to continue to refine skills, knowledge, and clinical practice with a large emphasis on reflection. - Workplace-based learning with self-paced online modules (including a minimum of two elective SRH Advanced Training Modules) and self-directed learning. Workshop attendance required for some skills-based procedural learning. - Research element requirement: project presented at a conference and/or published in a peer reviewed journal, or an audit with completion of the audit cycle which leads to demonstrated change in practice in an SRH setting (unless completed in Core Training).
Trainees must demonstrate that they have achieved Level 4 in the Trainee Progression Framework for all 77 New Fellow Competencies and meet all expectations in a final Practice Review to be awarded NZCSRH Fellowship.	



CLINICAL PLACEMENTS

The graduate objectives as set out in the curriculum need to be met during the clinical placements and a record of learning held in the trainee's training record. Supervisors will have the experience and qualifications to ensure that a good clinical learning environment is in place for trainee.

The clinical learning environment must enable the trainee to develop skills from the curriculum.

Access to resources for training include:

- Workplace with AAA-NZ or equivalent accreditation
- Facilities for teaching in a clinical setting
- Facilities for meetings, case discussion
- Equipment and therapeutic modalities appropriate to the specialty
- Access to diagnostic resources, including laboratory and radiology services
- Access to an electronic library

CLINICAL SUPERVISION

Each trainee will be directly supervised by their supervisor until by mutual agreement they are considered suitable for indirect onsite supervision.

LEARNING

This programme is primarily rooted in experiential and adult learning theories using sound educational models of adult learning. This allows trainees to experience, learn and reflect upon opportunities that are relevant and authentic.

SRH services providing training will need to meet the NZCSRH accreditation criteria.

Supervision will be provided by approved NZCSRH trainers.

Each trainee will be encouraged to identify an independent mentor.

Training supervisors will be Fellows of NZCSRH who have completed a postgraduate tertiary education qualification or completed the [Fundamentals for Medical Educators online course](#) and attended an NZCSRH Train the Trainer course prior to commencing supervision. Each trainee will have a nominated training supervisor who will be required to oversee and sign off training. They are not required to be working on site with the trainee.

CLINICAL SUPERVISION

Clinical supervisors will be responsible for the trainee's quality of learning in the clinical context and for ensuring that clinical standards and safe practice are maintained in the workplace. Supervisors will be approved by the Educational Advisory Committee (EAC).

Each trainee will be assigned a supervisor in their core training placement. In each workplace in which the trainee is providing clinical services as part of their apprenticeship learning, there will be an experienced doctor who is identified as the trainee's clinical tutor. All clinical tutors will be approved by the supervisor.

Supervisors and clinical tutors will be required to answer any questions the trainee may have about specific cases, assist in practical skills and organisational and rostering matters. The main roles of the supervisor are the co-ordination of training, ensuring clinical safety, acting as a role model, and providing brief feedback and teaching.



The trainee will carry the normal responsibilities of an employee in the workplace and will follow the lines of accountability set out by that workplace.

A supervisor will be able to supervise up to three trainees at any one time. The supervisor will be responsible for ensuring that the trainee is gaining enough experience to attain the skills required, is reaching the graduate objectives, is able to think critically and review their practice. The supervisor will also assist the trainee to plan and organise training in their two special topics. The supervisor will be responsible for reviewing the trainee's electronic record of learning as a record of skill attainment at each summative assessment. The supervisor may be the same person as the tutor in some situations.

The supervisor will be responsible for reporting back to the EAC on the progress of trainees on a three-monthly basis.

The details of a supervisor's responsibilities are laid out in the Training Supervisor Statement of Understanding document.

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TABLE 3: CURRICULUM LEARNING OUTCOMES

DOMAIN	LEARNING OUTCOMES
CLINICAL EXPERTISE	• Have knowledge of all topics relating to family planning and reproductive health matters in Aotearoa New Zealand including history taking, examination, investigations, patient management and public health. • Have knowledge of all contraception methods available in New Zealand and provide a shared decision-making approach to counselling to ensure that the patient has sufficient information to make an informed choice. • Have knowledge of all gynaecological health issues including fertility, menstruation, abortion, urogynaecology including accurate assessment and diagnosis, epidemiology, patient, and condition management. • Demonstrate advanced abilities in clinical reasoning and judgement, and an ability to manage clinical situations. • Recognise current limitations of medical expertise. • Customise care according to the individual needs and wishes of patients, and their family/whānau, in their care, taking into account their personal beliefs, experiences, and social, economic and cultural background.
COMMUNICATION	• Demonstrate understanding of relevant social and cultural issues that impact upon the provision of healthcare to patients and their family/whānau. • Understand the physical and emotional models and norms of medical gynaecology in the context of lifestyle, culture, health, environment, and related social factors. • Demonstrate shared decision-making skills using a trauma-informed approach in the care of their patient and family/whānau.
COLLABORATION AND MANAGEMENT	• Hold an appreciation of human and cultural diversity and respect the values of individuals and different cultural groups.
SCHOLARSHIP	• Have knowledge of legislation relating to abortion and sexual health in Aotearoa New Zealand. • Have knowledge of the principles of Te Tiriti o Waitangi and an appreciation of the implications of the principles for hauora Māori. • Have knowledge of models for understanding hauora Māori, including but not limited to Te Whare Tapa Whā. • Have knowledge of the special interest introductory topics and an understanding of their significance in the context of sexual and reproductive health. • Have a knowledge of overlapping scopes, to recognise when a condition is outside SRH and refer appropriately
PROFESSIONAL ATTRIBUTES	• Develop, implement and monitor a personal, ongoing professional development / continuing medical education strategy in order to: ○ maintain up-to-date knowledge and practices. ○ be flexible in terms of changes in career paths.

ASSESSMENT

Competency is achieved through an incremental process of learning and development. The programme of learning is primarily rooted in both experiential and adult learning theory, using reflective learning practices. It will utilise an apprenticeship model of clinical learning which promotes intrinsic motivation and development of life-long learning skills. The overall objective of the training is to ensure competence in skills, knowledge, and attitudes in sexual and reproductive health, which will involve both personal and public health perspectives, and allow the graduate to contribute to the development of policy and practice in the field.

New Fellows will be expected to demonstrate competency in the skills listed in Table 5. These will be assessed using a combination of assessment methods including courses and certificates where not directly assessed as part of the Fellowship training learning requirements. Progress towards New Fellow Competencies is monitored and assessed in a comprehensive electronic record of learning, which documents clinical experiences and reflective practice, mini CEX (clinical evaluation exercises), DOPS (direct observation of practice) and the six-monthly 360° review-informed summative assessments. Trainee progression through the Fellowship programme will be measured using the NZCSRH Trainee Progression Framework. Trainees will be considered to have completed their core training once they have reached Level 3 for all core New Fellow Competencies; they must achieve this standard before they can progress to the Advanced Training programme. Successful completion of the Advanced Training programme will be achieved when they have achieved Level 4 for all New Fellow Competencies.

ASSESSMENT METHODS

The New Fellow Competencies are assessed using the methods listed below. All trainees must satisfactorily complete these assessments during their training:

- Maintain a comprehensive electronic record of learning on the core topics of family planning, abortion, sexual health, special interest introductory topics and cultural safety with self-reflection. Supervisors will review the record of learning, and competency will be assessed according to the Trainee Progression Framework, with regular formative and summative assessment meetings with their supervisor.
- In training competency assessment of skills by supervisor, using the NZCSRH Supervisor Review of Training Competency framework.
- Satisfactory completion of [Sexual Wellbeing Aotearoa Contraceptive Certificate Course](#), or equivalent*
 - Satisfactory completion of an NZCSRH approved implant insertion certificate
 - Satisfactory completion of an NZCSRH approved implant removal certificate
 - Satisfactory completion of an NZCSRH approved intra-uterine contraception (IUC) insertion certificate
 - Satisfactory completion of the NZCSRH Abortion Training Module 1: Consultation—Communication and Decision Making and Module 2: Early Medical Abortion
 - Satisfactory completion of an NZCSRH approved Cultural Safety Training with self-reflection, e.g. [MIHI 501](#)
 - Self-directed learning – [NCSP HPV Primary Screening e-learning modules](#) with satisfactory direct observation of practice for speculum insertion and bimanual examination.
 - NZQA approved cervical screening and education training course certificate.
 - Self-directed learning – HDC modules 1-3 on the [Code of Rights, informed consent](#) and [complaint resolution](#).
 - Satisfactory completion of NSCSRH online training modules for abnormal uterine bleeding (AUB) certificate
 - NZCSRH STI module including Burnett Foundation modules with a self-reflection
 - [Otopia + PATHA e-learning: Gender Diversity in Primary Care: Foundational Skills](#)
 - NZCSRH Cultural Safety Kete Training certificate.
 - NZCSRH LARC Train-the-Trainer course certificate.
 - NCSP [HPV Primary Screening training certificate](#).
 - Satisfactory completion of mini CEXs demonstrating the following New Fellow Competencies:
 - Taking a comprehensive and accurate medical, social, sexual and drug history.

- Taking a detailed sexual and reproductive history from patients of all gender identities in a non-judgmental manner.
- Taking a detailed history pertinent to contraceptive use, including medical, family, menstrual, sexual, obstetric, cultural, social, interpersonal violence, and contraceptive use history including demonstrating an understanding of some models and simple techniques used to help a person practice safer sex.
- Demonstrating an understanding of the causes of sexual dysfunction for all genders and ages and arrange appropriate management, including referral.
- Providing an initial clinical assessment including appropriate referral on abortion care.
- Identifying patient risk factors, selecting appropriate laboratory tests and gaining informed consent.
- Counselling patients regarding their diagnosis and encouraging behaviour change.
- Performing an expert anogenital, oral, skin and general examination.
- Demonstrate completion of a HEEADSSS assessment.
- Satisfactory completion of DOPS demonstrating the following competencies:
 - Perform an expert gynaecological examination, including proficiency with a speculum and bimanual examination, including cervical screening.
 - Demonstrate competence in endometrial sampling
 - Demonstrate Competence in subdermal contraceptive implant insertion and removal
 - Demonstrate competency in intrauterine contraception (IUC) insertion
 - Describe and medically manage the types of uterovaginal prolapse including appropriate referral
 - Demonstrate competence in vulval biopsy
- CPR refresher course certificate.
- Satisfactory completion of the learning requirements for at least two special interest modules, in addition to completing the Complex Contraception and Medical Gynaecology training.
- Research project presented at a national or international conference/published in a peer review journal or an audit with completion of the audit cycle which leads to demonstrated change in practice in a sexual and reproductive health setting (unless completed in core training).
- Peer Review Meetings with active participation (minimum 10 hours/ year) and self-reflection.
- Three- and nine-monthly formative review of progress against the new fellow competencies, done with supervisor until graduation.
- Six-monthly 360° review-informed summative assessment including a review of the trainee's electronic record of learning by supervisor until graduation.

*for approval by EAC.

PRACTICE VISIT AND ELEVATION TO FELLOWSHIP

A practice visit in the trainee's clinical environment will be completed as the final assessment. Satisfactory performance is required for the trainee to graduate. The final assessment will be arranged and managed by the training services and will include a patient survey, 360° feedback and an observation of practice. Doctors who are awarded fellowship of the NZCSRH will be qualified to apply for vocational registration in the scope of family planning and reproductive health with the Medical Council of New Zealand.

TABLE 4: ADVANCED TRAINING ADDITIONAL LEARNING REQUIREMENTS

SPECIAL INTEREST MODULES	RESEARCH PROJECT
Colposcopy – Cervical Quality Improvement Program - RANZCOG NZCSRH Early Surgical Abortion – Modules 3 and 4 NZCSRH Later Surgical Abortion Module Office hysteroscopy – Standards for Hysteroscopist Training and Clinical Training Programmes Recommendations for Nurses 2022 ASUM Certificate in Clinician Performed Ultrasound in basic gynaecology or basic early pregnancy Menopause – IMPART training NZCSRH Vasectomy training	Research project presented at a national or international conference/published in a peer review journal or an audit with completion of the audit cycle which leads to demonstrated change in practice in a sexual and reproductive health setting. Activities constituting research may consist of, but are not limited to, the following: • Research project presented at a national or international conference/published in a peer review journal, or an audit with completion of the audit cycle, which leads to demonstrated change in practice in a sexual and reproductive health setting; • First author of a poster presentation, during training, at a national/international sexual and reproductive health medical conference; • First author of an oral presentation, during training, at a national/international sexual and reproductive health conference; • Higher degree: Masters by research (in any discipline); • Higher degree: PhD (in any discipline); • First author of a publication, during training, of a sexual and reproductive health research paper in a peer-reviewed medical journal (PubMed). For example, a journal article, Cochrane systematic review, or systematic literature review; • An audit with completion of the audit cycle which leads to demonstrated change in practice written up and provided to the EAC.

CURRICULUM EVALUATION

An important part of this curriculum framework is ensuring that the high quality of the training programme is maintained and continuously improved.

Due to this being a new curriculum, the EAC will meet in November each year for the first three years to review the programme. Subsequent to this, these reviews will occur three yearly.

The course review will address:

- curriculum and content
- trainee information and course materials
- staffing and supervision
- resourcing
- patient demand and feedback from evaluations
- emerging health issues, legal or policy changes
- assessment results



- administration and trainee support services
- financial viability.

A number of processes are in place to further ensure quality improvements:

- The EAC will review the curriculum content every three years to ensure that the content keeps pace with new research and policy guidelines. The EAC report will be externally reviewed.
- The trainees will be encouraged to engage in both receiving and giving feedback about their training to their supervisor and the EAC.
- Written feedback will be collected from trainees after each placement. Every three years information from the training supervisors and clinical tutors will be gathered about the ongoing suitability of the environment for training. This also applies to special interest topic learning placements.
- Annual electronic surveys of trainees will be done to assess their training.
- The standard of assessment will be reviewed by the EAC every three years to ensure consistency of assessments, and that content delivery and assessments are consistent.
- A graduate survey will be completed every three years for trainees who have graduated during those years to ensure the training is optimal for their graduate employment.

The review process will also evaluate whether continuous improvement is taking place from three perspectives:

1. "Did we ...?" i.e. was trainee feedback and self and peer review acted upon?
2. "Are we...?" i.e. is curriculum, content, materials and resourcing current and relevant?
3. "Should we...?" i.e. are we cognizant of emerging health and societal issues etc.; is the Advanced Training viable and sustainable?

CURRICULUM/CONTENT CHANGES

Changes may arise as a result of the annual review or during the year if required to keep abreast of changes to professional practice.

The EAC members will not independently and without reference make changes to the content.

If changes are made to hard or soft copies of training materials, this will be dated and all previous versions will be archived.

Importantly, the Curriculum is a dynamic document requiring ongoing review and evaluation of both the educational plan and its implementation. This includes adapting to changes in technology and the manner in which trainees use a range of media to access learning opportunities. This will ensure that changing workforce profiles, demographics and legislative and regulatory contexts are acknowledged and appropriately incorporated.

TABLE 5: DETAILED NZCSRH FELLOWSHIP TRAINING CURRICULUM

DOMAIN	GRADUATE OUTCOMES	LEARNING OUTCOMES	LEARNING OPPORTUNITY	NEW FELLOW COMPETENCIES	ASSESSMENT – SATISFACTORY COMPLETION
CLINICAL EXPERTISE	<i>Demonstrate specialist clinical expertise in the medical management of sexual and reproductive health.</i>	Have knowledge of all topics relating to family planning matters in New Zealand including history taking, examination, investigation, patient management, public health.	Training and direct work experience in community-based clinics providing sexual and reproductive healthcare.	† Demonstrate a comprehensive understanding of reproductive anatomy and physiology, including sexual response, hormonal control of the menstrual cycle, the effects of various drugs and lifestyle factors.	Supervisor review of training competency
				† Take a comprehensive and accurate medical, gynaecological, obstetric, social, sexual and medication history.	Mini CEX
		Have knowledge of all contraception methods available in New Zealand and provide a tiered approach to counselling ensuring the patient has sufficient information to make an informed choice.	IUC and implant procedure training with an NZCSRH accredited LARC trainer.	† Perform an expert gynaecological examination, including proficiency with a speculum and bimanual examination, including cervical screening.	DOPS form
			NZCSRH LARC Train the Trainer (TTT) certificate.	† Demonstrate completion of a HEEADSSS assessment	Mini CEX
			NZCSRH online training modules .	† Perform an expert anogenital/penile/scrotal examination	Mini CEX
				† Describe the pathological process of pelvic inflammatory disease (PID) and the diagnosis and management of this condition, including long-term sequelae.	Supervisor review of training competency
			NZCSRH AUB training.	† Diagnose and manage premenstrual syndrome (PMS) / premenstrual dysphoric disorder (PMDD).	Supervisor review of training competency
			PATHA guidelines*	† Diagnose and manage vaginal discharges, including non-infective causes, in all age groups.	Supervisor review of training competency
			WPATH Standard of Care v.8*	Describe the physiological changes during peri/menopause and management of menopausal symptoms.	Supervisor review of training competency
				† Recognise and provide appropriate management of perimenopausal symptoms including the use of menopausal hormone therapy, and any screening required.	Supervisor review of training competency
				† Recognise, and provide appropriate management of contraceptive side-effects/complications, including the use of alternatives.	Supervisor review of training competency

CLINICAL EXPERTISE (cont.)	Demonstrate specialist clinical expertise in the medical management of sexual and reproductive health (cont.)	Have knowledge of all topics related to sexual health matters in New Zealand, including history taking, examination, screening and testing, patient management, public health (cont.)	NZQA approved cervical screening and education and training course. IMPART training* Burnett Foundation STI modules Burnett Foundation PrEP modules CPR refresher course	† Describe any specific investigations needed before starting any particular method of contraception.	Supervisor review of training competency
				† Demonstrate competence in intrauterine contraception (IUC) insertion	NZCSRH IUC insertion certificate
				† Demonstrate competence in subdermal contraceptive implant insertion and removal.	NZCSRH implant insertion and removal certificate (includes DOPS)
				Demonstrate competence in complex intrauterine contraception procedures including stringless IUC removals and cervical block.	Supervisor review of training competency
				Understand, diagnose and medically manage the causes of dysmenorrhoea, oligomenorrhoea, amenorrhoea, abnormal uterine bleeding, intermenstrual, post-coital and post-menopausal bleeding.	Supervisor review of training competency
				Demonstrate competence in endometrial sampling	DOPS form
				Diagnose and manage vulval pruritus and dystrophies	Supervisor review of training competency
				Demonstrate competence in vulval biopsy	DOPS form
				Describe and medically manage the types of uterovaginal prolapse including appropriate referral.	DOPS form
				Demonstrate management of early medical abortion (EMA) and miscarriage including follow-up.	Audit of cases against recognised standard of care or supervisor review of training competency
CLINICAL EXPERTISE (cont.)	Demonstrate specialist clinical expertise in the medical management of sexual and reproductive health (cont.)	Have knowledge of all topics related to sexual health matters in New Zealand, including history taking, examination, screening and testing, patient management, public health (cont.)	NZQA approved cervical screening and education and training course. IMPART training* Burnett Foundation STI modules Burnett Foundation PrEP modules CPR refresher course	† Demonstrate detailed knowledge of the management of pregnancy in the first trimester, with appropriate screening, investigations, and management, including complications, diet, lifestyle factors, teratogenicity, folic acid and iodine supplementation.	Supervisor review of training competency
				Recognise and manage acute anaphylaxis and be competent in cardiopulmonary resuscitation.	CPR refresher course certificate

CLINICAL EXPERTISE (cont.)				† Collect and appropriately handle anogenital, oropharyngeal and other specimens.	Mini CEX
				† Demonstrate detailed knowledge of antimicrobial chemotherapy as applied to STIs, including antimicrobial resistance	Supervisor review of training competency
				† Diagnose and manage cases of the following genitourinary conditions:	Supervisor review of training competency
				- Chlamydia trachomatis - Gonorrhoea - Trichomoniasis - Herpes simplex - Genital Warts - Vulvovaginitis - infectious and non-infectious - Candidiasis - Bacterial vaginosis - NSU - Scabies - Lice - Molluscum Contagiosum - Mild PID/epididymo-orchitis - Mpox	
	<i>Demonstrate clinical expertise in the management of presentations requiring referral to specialist management outside sexual reproductive health.</i>	Have knowledge of all gynaecological health issues including fertility, menstruation, abortion, urogynaecology including accurate assessment and diagnosis, epidemiology, patient and condition management.	Training and direct clinical work experience. NZCSRH Later Abortion training modules CQUIP online course	† Identify the causes of infertility, arrange appropriate investigations, and provide management and referral as appropriate.	Supervisor review of training competency
				Understand, diagnose and manage the causes of lower abdominal/pelvic pain, with referral when indicated.	Supervisor review of training competency
				Apply a knowledge of the epidemiology, symptoms, signs, value and limitations of investigations for reproductive tract pathology, including benign and malignant cysts and tumours, and arrange appropriate management.	Supervisor review of training competency
				Management of abnormal cervical screening including colposcopy and/or referral and follow up.	CQUIP course certificate
				Describe and medically manage the types of urinary incontinence including appropriate referral.	Supervisor review of training competency
				Diagnose and refer as appropriate malformations of the genital tract.	Supervisor review of training competency

CLINICAL EXPERTISE (cont.)	Demonstrate clinical expertise in the management of presentations requiring referral to specialist management outside sexual reproductive health (cont.)	Have knowledge of all gynaecological health issues including fertility, menstruation, abortion, urogynaecology including accurate assessment and diagnosis, epidemiology, patient and condition management (cont.)	Training and direct work experience	† Provide initial clinical assessment, including appropriate referral, for more severe PID/epididymo-orchitis, syphilis and HIV infection.	Supervisor review of training competency
				Demonstrate an understanding of the causes of sexual dysfunction for all genders and arrange appropriate management, including referral.	Supervisor review of training competency
				Apply a detailed knowledge of the management of sexual assault for people of all genders, including counselling, interpersonal violence, legal constraints, investigations, treatment, subsequent management, and referral as appropriate.	Supervisor review of training competency
				Provide initial clinical assessment including appropriate referral for surgical/late abortion care.	NZCSRH Abortion training modules certificates
	Practice a holistic approach to patient management.	Demonstrate advanced abilities in clinical reasoning and judgement, and an ability to manage clinical situations. Recognise current limits of medical expertise. Customise care according to the individual needs and wishes of patients in their care, taking into account their personal beliefs, experiences, and social, economic and cultural background and their family/whānau.	Training and direct work experience	† Demonstrate advanced abilities in clinical reasoning and judgement, and an ability to manage clinical situations	6-monthly summative assessment
				† Recognise current limits of medical expertise.	6-monthly summative assessment
				† Customise care according to the individual needs and wishes of patients in their care, taking into account their personal beliefs, experiences, and social, economic and cultural background and their family/whānau.	NZCSRH approved Cultural Safety Training certificate 6-monthly summative assessment

DOMAIN	GRADUATE OUTCOMES	LEARNING OUTCOMES	LEARNING OPPORTUNITY	NEW FELLOW COMPETENCIES	ASSESSMENT – SATISFACTORY COMPLETION
COMMUNICATION	<i>Demonstrate interpersonal, culturally safe, communication skills that result in equitable and effective information exchange and collaboration with patients, their family/whānau, and other healthcare professionals.</i>	Demonstrate understanding of relevant social and cultural issues that impact upon the provision of healthcare to patients and their families/whānau.	Training and direct work experience HDC modules 1-3	† Discuss the social and psychological impact of loss of fertility on individuals and couples.	Supervisor review of training competency
				† Provide contact tracing or referral for STIs.	Supervisor review of training competency
		Understand the physical and emotional models and norms of medical gynaecology in the context of lifestyle, culture, health, environment, and related social factors.	Prior learning from Dip OMG or RANZCOG PTP/APTP	† Describe the indications, methods, counselling, and legal constraints on abortion.	NZCSRH Abortion training modules certificates
				Demonstrate insight into the cultural factors that affect sexual and reproductive health and use this insight to work with people from different cultures.	Supervisor review of training competency
		Demonstrate shared decision-making skills using a trauma-informed approach in the care of their patient and family/whānau.	MOH/NZCSRH Abortion training modules NZCSRH Cultural Safety Training	† Demonstrate appropriate attitudes, awareness, knowledge, and skills to work successfully with patients and their family/whānau of different cultural backgrounds.	Supervisor review of training competency
				† Take a detailed sexual and reproductive and interpersonal violence history from patients of all gender identities and ages in a non-judgmental manner.	Supervisor review of training competency
			Interpersonal violence training course*	Demonstrate competency in communication skills with people who identify as non-binary, trans, gender fluid, takatāpui, MVPFAFF+, and those who experience disability.	Supervisor review of training competency
			Self-directed learning – Review of Medical Council of New Zealand statement on informed consent with self-reflection*	† Take a detailed history pertinent to contraceptive use, including medical, family, menstrual, sexual, obstetric, cultural, social, and contraceptive use history.	Supervisor review of training competency
				† Discuss indications and contra-indications, and side-effects of the various available contraception options.	Supervisor review of training competency
			Otopia + PATHA e-learning: Gender Diversity in Primary Care: Foundational Skills	† Counsel regarding the individual appropriateness of different forms of contraception.	Supervisor review of training competency
				† Demonstrate an understanding of models and simple techniques used to help a person practice safer sex.	Supervisor review of training competency
				† Provide pre-pregnancy counselling, with appropriate investigations and referral.	Supervisor review of training competency

COMMUNICATION (cont.)		Relevant self-directed e-learning*	† Take a comprehensive and accurate medical, social, sexual and drug history.	Supervisor review of training competency
			† Counsel patients regarding their diagnosis and encourage behaviour change.	Supervisor review of training competency
			† Counsel pregnant people on pregnancy options.	Supervisor review of training competency
			† Identify patient risk factors, select appropriate laboratory tests and gain informed consent.	Supervisor review of training competency

DOMAIN	GRADUATE OUTCOMES	LEARNING OUTCOMES	LEARNING OPPORTUNITY	NEW FELLOW COMPETENCIES	ASSESSMENT – SATISFACTORY COMPLETION
COLLABORATION AND MANAGEMENT	<i>Establish and maintain effective professional relationships with medical, nursing and other healthcare colleagues.</i>	Hold an appreciation of human and cultural diversity and respect for the values of individuals and different cultural groups	Training and direct work experience	† Demonstrate knowledge of local referral pathways into both public and private services for conditions requiring management by other specialties or providers.	Supervisor review of training competency
			Self-Directed learning – Review of NZ Maternity legislation (Section 88) with self-reflection*	† Understand the maternity care system to enable explanation to patients to facilitate access to maternity care.	Supervisor review of training competency
				† Demonstrate an awareness of the importance of public health measures intended to control STI/HIV infections such as contact tracing, surveillance, health promotion programmes, professional education and research.	Supervisor review of training competency

DOMAIN	GRADUATE OUTCOMES	LEARNING OUTCOMES	LEARNING OPPORTUNITY	NEW FELLOW COMPETENCIES	ASSESSMENT – SATISFACTORY COMPLETION
SCHOLARSHIP	<i>Demonstrate self-learning in sexual and reproductive health and other relevant areas of medical practice, including recognition of limits of their own knowledge and abilities.</i>	Have a knowledge of legislation relating to abortion and sexual health in New Zealand	NZCSRH Abortion 1+2 Theory Training Modules	† Have knowledge of all topics related to abortion health matters in New Zealand, including history taking, screening and testing, patient management, public health.	NZCSRH Abortion training modules certificates
		Have a knowledge of overlapping scopes, to	Self-directed learning of Abortion Legislation Act 2020	Demonstrate an in-depth understanding of breast cancer screening and its limitations, including current management guidelines.	Supervisor review of self-reflection

SCHOLARSHIP (cont.)	Understand the principles and practice of evidence-based medicine and research in a clinical setting. Understand the need to maintain knowledge and promote and implement evidence-based best practice.	recognise when a condition is outside SRH and refer appropriately	Self-directed learning - Review of Aotearoa New Zealand STI management guidelines *	List the mechanisms for normal continence and describe the causes and management of urinary incontinence, including investigations and referral.	Supervisor review of self-reflection
		Have knowledge of the special interest introductory topics and an understanding of their significance in the context of sexual and reproductive health.	Self-directed learning - Review of Aotearoa New Zealand PATHA guidelines *	Have knowledge of all STIs including accurate assessment and diagnosis, epidemiology, patient and condition management.	Supervisor review of self-reflection
				Have knowledge of abnormal pregnancies including ectopic, GTD and miscarriage and appropriate referral pathways	Supervisor review of self-reflection
				Understand sex assigned at birth, XY status and gender as separate concepts.	Self-directed learning - Review of Aotearoa New Zealand PATHA guidelines *
			Self-Directed learning – Review of Medsafe Medicine and use in Pregnancy *	Demonstrate a detailed knowledge of the available forms of contraception, including methods available overseas but not currently in Aotearoa. Understand how the history of contraception impacts on current practice and attitudes.	Supervisor review of self-reflection
				Understand which drugs are safe to use in pregnancy and lactation and which are contra-indicated, or where to obtain such information.	Supervisor review of self-reflection
				Understand the epidemiology of abortion including a global view.	NZCSRH Abortion training modules certificates
				Understand how physical disease, disability and drugs affect sexual and reproductive health.	Supervisor review of self-reflection
				Understand the complexity of sexual and reproductive health and rights issues of groups in the community across the gender and sexuality spectrum, and including sex workers.	Supervisor review of self-reflection
				Demonstrate detailed knowledge of the use and prescription of HIV Pre- and post-exposure prophylaxis (PrEP and PEP)	Burnett Foundation PrEP course certificate
SCHOLARSHIP	Understand how to apply the principles of Te Tiriti o Waitangi to create a culturally safe doctor-patient	Have knowledge of models for understanding hauora Māori,	NZCSRH approved Cultural Safety Training	Understand that concepts of cultural safety, cultural competence and hauora Māori are distinct but related concepts.	Supervisor review of self-reflection

(cont.)	relationship and clinical environment.	including but not limited to Te Whare Tapa Whā.	Self-directed learning regarding WAI2575 *	Understand the impact of colonialism on health equity.	Supervisor review of self-reflection
		Have a knowledge of the principles of Te Tiriti o Waitangi and an appreciation of the implications of the principles for hauora Māori.	Self-directed learning - Review of Pae Tū: Hauora Māori Health Strategy with self-reflection*	Understand how models such as Te Whare Tapa Whā can support cultural competence when working with Māori patients and whānau.	Supervisor review of self-reflection

DOMAIN	GRADUATE OUTCOMES	LEARNING OUTCOMES	LEARNING OPPORTUNITY	NEW FELLOW COMPETENCIES	ASSESSMENT – SATISFACTORY COMPLETION
PROFESSIONAL ATTRIBUTES	Conduct effective self-review of professional practice.	Develop, implement, and monitor a personal, ongoing professional development / continuing education strategy in order to:	Training and direct work experience	Demonstrate an expert knowledge of the legal and ethical requirement regarding the provision of contraceptive services.	Supervisor review of training competency
	Solicit and accept constructive feedback.	Maintain up-to-date knowledge and practices	Self-directed learning – Review of Medical Council of New Zealand statement on informed consent with self-reflection*	Demonstrate an expert knowledge of the legal and ethical requirements regarding the obtaining of informed consent.	Supervisor review of training competency
	Act with integrity towards patients, colleagues, whānau and other healthcare practitioners	Be flexible in terms of change in career paths	Fundamentals for Medical Educators online training course Self-directed review of relevant legislation*	Develop, implement, and monitor ongoing professional development within their chosen speciality	Professional Practice Review
	Exhibit ethical attitudes and conduct consistent with Code of Health and Disability Services Consumers' Rights and with MCNZ requirement, towards patients, colleagues, whānau and healthcare		Self-directed review of relevant legislation* HDC modules on determining capacity	Cultural safety	NZCSRH approved training and supervisor review of training competency.
			Supervised research project (presented/published) or an audit leading to change in practice in a sexual reproductive health setting	Demonstrate mentoring skills for peers and junior colleagues regarding provision of quality sexual and reproductive healthcare.	NZCSRH CPD approved LARC Train-the-Trainer certificate



	<i>practitioners (i.e. act with integrity).</i>	Peer Review Meetings with active participation and self-reflection		
		NZCSRH CPD approved LARC Train-the-Trainer certificate		

*Recommended additional learning opportunities, in addition to mandatory learning requirements (see Table 5 for more details)

† New fellow competencies required to be demonstrated during core training to a Level 3 competency, as per the Trainee Progression Framework

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